



DVACO Patient-Centric Comprehensive Rehabilitation Therapy Strategy (CORTs)

Traditional Outpatient Rehab Therapy

- **What is it:** Rehabilitative therapy (PT, OT, ST) provided in an outpatient clinic/facility.
- **Who would benefit:** Patients with reliable transportation who have a musculoskeletal (MSK) impairment and require hands-on, more intensive strengthening/balance activities, and/or modalities/equipment.
- **Who to use:** In-network therapy providers who have demonstrated cost-effective outcomes.

Virtual Rehab Therapy with Interdisciplinary Care Team

- **What is it:** A digital program using an interdisciplinary care team comprised of Virtual PT, Health Coaching, Patient Education and Patient Reported Outcome Measures to **conservatively** treat MSK.
- **Who would benefit:** Patients who may have difficulty accessing an outpatient facility or would prefer a virtual option that includes complementary health coaching and educational videos. Must have, and be comfortable using, a device that can connect to the web (no home internet necessary). Patients should not have any red-flag symptoms that may require further diagnostic work-up.
- **Who to use:** Protera Health. For more info scan the QR code or visit [Protera Health](#). Referrals can be faxed to 855-850-4055 or emailed to care@proterahealth.com



In-Home Rehabilitative Therapy

- **What is it:** Rehabilitative Therapy provided in the home to address **all** comprehensive needs – safety, falls, balance, pain, environmental modification, deconditioning, medication management, etc.
- **Who would benefit:** Patients for whom an in-home assessment would be beneficial and/or would have difficulty accessing an outpatient facility or virtual care, i.e. patients experiencing frailty. Patient **is not** required to be homebound to receive in-home therapy.
- **Who to use:** Full Range Health Services, Dynamic Home Therapy, Luna, Powerback to You. For referral info, scan the QR code or visit [DVACO Preferred Providers](#)



*Need more information or help connecting your patients with community resources and/or services?
Please contact the **DVACO BATT Phone** at 215-486-1050 or email carecoordrefer@dvaco.org.
This easy-to-use, confidential & secure careline is available to quickly assist you and your patients.*